

DISCOVER

The official newsletter for Creating Adventures



What a fantastic year it has been with fundraising, activities and new achievements!

Throughout 2018 we provided new opportunities and impacted the lives of almost 100 adults with mental health conditions, autism and learning disabilities alongside 60 carers. We achieved this through Music & Songwriting sessions, Art & Crafts and two Christmas Parties.

This year we have already impacted the lives of 98 adults and 48 carers and we are only half way through the year!

We have listened to heartwarming stories and continue to develop our services to engage more adults in our communities.

We have received new corporate support and moved into a stunning new office space. We can't wait to see what 2019 /2020 has in store for us!

With special thanks

to the following companies, Trusts and organisations for their support over the past 12 months:



Brian Wilson Charitable Trust

Art for Enjoyment

Our Art for Enjoyment project is not just about Arts & Crafts, in actual fact the activity is a by-product of what we actually achieve. It is an opportunity for a social gathering for those who would normally feel isolated; therefore the activity gives them something to look forward to other than a walk around the same town centre day in, day out.

Our Arts & Crafts session is led by Nazneen Sheikh who is a qualified and experienced Art Facilitator. Naz has introduced our adults to a range of crafts to include tile mosaics, stain glass windows to decoupage. The adults range from age 22 to 54 and their needs vary from mild learning disabilities to profound and Autism.

The project has been funded by the Cheshire Community Foundation and takes place every week for two hours on a Monday morning. The stories so far have been heartwarming so we aim to continue this session and make it one of our main activities.

The art exhibition 'New Visions' is currently being exhibited in Warrington Central Library and Orford Jubilee Hub.



CHESHIRE
COMMUNITY
FOUNDATION





Twice the Christmas Joy

We all love Christmas don't we! That's why at such a special time of the year we decided to run not one, but two Christmas Parties, building on our success from 2017!

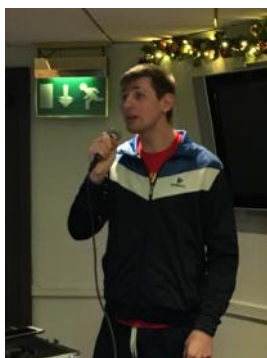
With thanks to Leaf on Portland St, Manchester we held another Christmas Party Extravaganza for 30 adults aged 23 - 62 and 20 carers. The karaoke was a huge hit again with our very own DJ Dominic taking to the stage and a new recruit and compere William. Everyone had a belly full of the festive buffet and left with a goody bag of gifts feeling happy yet tired from a full afternoon of Christmas fun!

Our second party in Warrington for 22 adults with Autism and learning disabilities and 14 carers. The party was kindly supported by the Village Hotel who made sure they gave our adults a gorgeous 2 course Christmas meal. Music was provided by DJ Chris O'Grady who after a few floor-fillers, swapped the decks for the microphone as the karaoke took off with songs from Celine Dion to Roy Orbison.

It was such a fantastic afternoon with everyone dressing up for the occasion. Each adult went home with a Christmas gift and a smile.

We have already booked venues and dates for Christmas 2019!

VILLAGE
HOTELS



This is such an important celebration and activity for us, because many adults with disabilities join in with their own (in-house) festivities, but due to their needs they rarely access other celebrations. This is a time when the adults come together to share experiences, make new friends and most of all create wonderful memories.



Step into Spring Sports & Wellbeing Festival



On Wednesday 8th May 2019, 87 adults with Autism and learning disabilities and 38 carers joined us for this special event.

Do you remember the days of the old fashioned School Sports Day? In partnership with Warrington Wolves Foundation and Gingerbread Communications we re-created this sports day into a Step into Spring Sports & Wellbeing Festival at the Asics Stadium in Warrington.

This day was aimed at re-engaging adults with sports and alternative activities to introduce them to new social opportunities and new leisure activities. The Village Hotel supported the day with pamper treatments for the adults and carers. The Zumba class led by Tara Fraser from DivaFitUK was such a success, we are now organising this as a new monthly activity.

This event has been sponsored by Sellafield Ltd, Jaspers Catering, StrongGuard Security UK Ltd, Moto in the Community, Tesco Bags for Help, Asda Foundation, Co-op Local Causes Fund and Matt's Ices. The day was also supported by a number of volunteers who we can't thank enough for their support in making the day a huge success.

To watch this inspirational video from the day please scan this QR code or visit our Youtube channel Creating Adventures



And there's more...

Please get in touch for more information on our upcoming projects/activities:



Creating Voices Rock Choir - starting September 2019

Monthly Zumba 'n Chill Sessions - starting July/August 2019

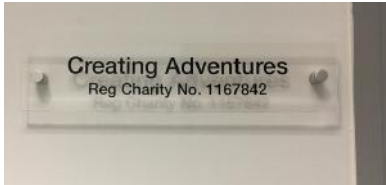
Monthly Club night with MacIntyre - starting 7th July at PJ's Warrington



Creating Adventures HQ



We are very proud of our new office with HUGE thanks to UBC Serviced Offices. We were introduced to Sam Snelson, Business Centre Manager who offered the office space as a donation thanks to a government scheme.



The new HQ gives us a professional base, a business address and now provides us with the space to grow. UBC provide serviced offices in the heart of Birchwood Business Park.



Ryan Griffiths has joined our team as a volunteer one day per week to develop his skills and gain work experience. Ryan, aged 28 has cerebral palsy and sequencing difficulties. He has found it extremely difficult to gain entry to employment due to his needs. Just 6% of adults of working age with a learning disability are in employment.

John Donno from McCann Health Medical Communications has donated laptops and screens to support the office and to make it possible for Ryan to have this opportunity with us.

Charity of the Year Support...

We are delighted and extremely thankful to the team at UBC Birchwood and Kirsty James from Colony Networking for selecting Creating Adventures as their chosen charity for 2019. We are excited to work with both UBC and Colony Networking in their fundraising efforts.



Selecting us as their chosen charity will help us enormously to raise vital funds for our current and upcoming projects and raise our profile.



Vivienne Charvill Clinical Reflexology and Jeanette Hine Revitalise Therapy are raising funds for Creating Adventures by providing treatments to clients every month at the UBC offices with £5 from each treatment coming to Creating Adventures.

We are extremely thankful to Viv and Jeanette for their support.



Lymm W.I. have chosen Creating Adventures as their Charity of the Year for 2019.

We would like to thank Carol Robinson for nominating us as their chosen charity. The W.I. ladies will run various fundraising events and will raise money via raffles and trade stalls at their monthly group meetings.



Creating Adventures has been chosen as the Lady Captain's Charity of the Year for **Poulton Park Golf Club** in Warrington.

Glennis Hassall, Lady Captain has been following the progress of Creating Adventures and nominated us as their Charity of the Year for 2019.

Jane Shah from Altrincham took it upon herself to raise funds for Creating Adventures by making home-cooked curry dishes for delivery to friends/family and even for larger dinner parties. Jane raised an outstanding £415.00.



Jane is now organising an event on Friday 20th September 7pm at Hale Barns Chapel Hall, with a Taskmaster game show twist and of course a selection of curries.



Neil Burton and Graham Kay of Tailored Support Solutions have been making bird boxes raising an outstanding £100. Neil is on the Autistic Spectrum but that doesn't stop him as he loves life and enjoys his hobby with Graham making these lovely items for people to buy.

William Daniels from City Care Partnership raised a fantastic £116.45 at the Didsbury Festival by performing for the audiences on the day. Well done William! We are delighted and thankful to William and City Care Partnership pledging to support Creating Adventures once again in the Didsbury Festival on 8th June 2019.



DATES FOR DIARY

Ladies Summer Shopping Evening



Ladies Summer Shopping Evening

The Village Hotel, Warrington
Centre Park, Warrington WA1 1QA
Wednesday 26th June 2019
From 7.00pm – 10.00pm

Tickets - £5.00 to include a glass of Pimm's

Contact Carol Robinson on: 07711 820047 or Jenny Allcock on: 07736 473550 for Tickets or more information www.facebook.com/CarolsEvents

All proceeds in aid of Creating Adventures

Summer Fair



CREATING ADVENTURES

Summer Fair

Ice Cream, Tombola, Stalls, Bouncy Castle, and much more...

Sunday 7th July 2019
12 - 3.30pm

Green Lane Community Special School
Woolston Learning Village, Warrington
Entrance - 50p (Under 16's Free)

Raising funds to enrich the lives of adults with Autism and Learning Disabilities.
creatingadventures.co.uk Registered Charity No. 1167842

Sunday 7th July 12 - 3.30pm
Green Lane Community School

Support us in the...



Sunday 15th September 2019
Warrington



MOTIV RUNNING

£35 entry fee

Raise as much as you can

Fancy entering a team?



TASK THE MASTER



Friday 20th September 2019 7pm 'til late
Hale Chapel Hall, Hale Barns

Inspired by the hilarious TV show, Task the Master challenges teams with a hilarious selection of team games that will literally have your people in stitches of laughter, we kid you not!

Tables of 8, £10 per person includes a glass of fizz on arrival and a curry.

Places limited, book now! Contact Jenny Allcock on 07736 473550 or email jenny.allcock@creatingadventures.co.uk

Raising funds for 

Registered Charity No. 1167842

Jenny.allcock@creatingadventures.co.uk

A right Royal affair

Jenny Allcock, Founding Chief Officer had the enormous privilege to be invited to a Reception at Windsor Castle on 2nd April to celebrate the Centenary of the National Council for Voluntary Organisations.

The evening from start to finish was surreal. 'I was escorted by the Queen's staff to the Waterloo Chamber for champagne and canapés, I met Her Majesty the Queen in person and shook her hand, then enjoyed more champagne and canapés in St Georges Hall, I had a lovely conversation with Princess Anne about Creating Adventures and adults with Autism and met some lovely fellow charity representatives. It was such an amazing evening and one I will treasure'.



Ways to support us...

Please join Jenny Allcock and our Board of Trustees- Sarah Steel, Paul Mirage and Gemma Tunstall in helping us to achieve even more with Creating Adventures to create even more magic for adults with Autism and Learning Disabilities.

- Choose us as your Charity of the Year
- Join us at one of our upcoming events
- Choose Creating Adventures as your beneficiary of a sponsored challenge or fundraising event.
- Become a Volunteer
- We welcome DONATIONS to help us to continue our work and impact more lives. You can donate via www.justgiving.com/creating-adventures
- Join our Board of Trustees, contact Jenny for further details.
- Sign up to hear more at www.creatingadventures.co.uk/contactus or scan this QR code



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